



FOR IMMEDIATE RELEASE

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## runhers announces Inaugural Princess Run Celebrating our Little Girls March 28<sup>th</sup>

Runhers announces that the Inaugural Princess Run is set to kick off on March 28<sup>th</sup> at 2:00pm in Starts and Stripes Park in Oklahoma City. It's time to let your Princess shine as hundreds of the metro's princesses will soon descend on Oklahoma City. The Inaugural Princess Run is a one-mile walk/run for girls 12 and under.

"The Princess Run is really a great opportunity to bring young girls together in an event that focuses on fitness and exercise as a fun activity," says run director Amy White. "As a group, runhers is a diverse women's association who have found that healthy lifestyle, running and walking is great for themselves – inspiring to their families, friends and communities – as well as an outlet that allows women to stay healthy while spending time with friends. We want to pass that spirit of camaraderie and healthy living onto the next generation."

The race will be held rain or shine on March 28<sup>th</sup> at 2:00pm at Stars and Stripes Park on Lake Hefner and will feature a one-mile course for the Princesses to run, walk or stroll through. At the finish line, all Princesses will be awarded a medal and treated to chocolate milk and a cupcake. Other activities at the event include inflatable jumpers, face painting, a nail "salon", craft area and more! It's a run so fun you'll think it's a fairy tale! The Princess Run benefits the Leukemia and Lymphoma society of Oklahoma.

runhers also announces Funky Monkey as the Presenting Sponsor for this year's event. "We are very excited about being a part of the Princess Run," say Funky Monkey owners Brittany Faulkner and Jennifer Najera. "We have little girls



ourselves, so we feel as if this event hits home to us. We know how important it is to make your little girl feel special. There was no hesitation on our part to jump on board when we were asked to sponsor the race.” White says runhers is thrilled with the partnership. Najera adds, “I am very excited to know that there is a great group of women who are getting out there and promoting healthy living and raising money for such a great cause. We are so happy to be a part of runhers and plan on more partnerships with runhers on these lifestyle events.”

### **About runhers**

Runhers is a women’s club dedicated to healthy lifestyle through running and walking in Oklahoma and beyond. We are dedicated to the support and growth of women of all ages and abilities. From beginning walking and running with our Sofa to Success (S2S) 5K training program to full marathon training, there is something for every woman. [www.runhers.com](http://www.runhers.com) or on Facebook <http://www.facebook.com/runhers> – runhers is for life!

To register for the Inaugural Princess Run:

<http://www.active.com/running/oklahoma-city-ok/princess-run-2010>



**runhers** WOMEN'S CLUB PRESENTS  
for life. THE INAUGURAL

**PRINCESS  
RUN 2010**  
SPONSORED BY  
**FunkyMonkey**

**SUNDAY, MARCH 28 • 2:00 P.M.**  
LET YOUR PRINCESS SHINE!  
THE PRINCESS RUN IS A 1 MILE RUN/WALK/STROLL EVENT FOR GIRLS 12 AND UNDER. IT WILL BENEFIT THE LEUKEMIA AND LYMPHOMA SOCIETY OF OKLAHOMA.  
STARS & STRIPES PARK, LAKE HEFNER

**\$20 PER ENTRY** REGISTER ONLINE AT  
RUNHERS.COM

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